

Endometrial Biopsy

Endometrial Biopsy is the removal of a small sample of tissue from the uterine lining (endometrium) for microscopic examination.

How to Prepare for the Biopsy

- Please let us know if you are on any blood thinners (warfarin, aspirin, Plavix, etc) or if you have a bleeding problem.
- The Biopsy should not be done during pregnancy, and we may need to do a pregnancy test.
- Please avoid any vaginal creams or medicines for 2 days prior to the procedure.
- Do not douche. We do not recommend douching at any time as it may lead to more vaginal infections.
- Ibuprofen or other NSAID (Motrin, Advil, Aleve) 30 minutes to procedure may help prevent cramping.

How The Biopsy is performed

- The whole procedure usually takes less than 10 minutes.
- The biopsy starts with a pelvic exam and placement of the speculum in the vagina.
- The cervix is cleaned with betadine. (If you have allergies to iodine- please let us know.)
- A small sterile brush is inserted through the cervix into the endometrium to obtain the sample.
- Only if needed, the cervix may be grasped with a tenaculum or the cervix may be dilated.

After the Biopsy

- If you have cramping, you may repeat the ibuprofen or other NSAID.
- You may have some light bleeding, please use a pad.
- Avoid tampons and sexual relations for 24 hours after the procedure.

Risk of the Procedure

- Inability to insert the biopsy brush into the endometrium.
- Inadequate tissue sampling and no diagnosis.
- Uterine injury
- Heavy bleeding from the Biopsy
- Infection

Call the Office if:

(408) 583-0522

- Excessive Bleeding
- Signs of infection
- Severe pain
- Foul smelling vaginal discharge